



DARBY BOINGG
has an adventure and

MEETS A PERSON WITH DISABILITIES



Darby Boingg



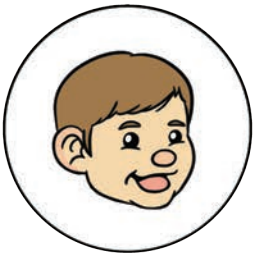
Ian



Kit
Sprockette



Written & Created by
Michelle Bain





Hi! It's your pal, Darby! We're going to learn about disabilities. But first let's find out what you know. Answer the questions below then we'll find out the answers at the end of the book.

Pre-Test

- 1) Having a disability only means you can't walk.
 True false
- 2) A person with disabilities can do things like go to school and play basketball.
 True false
- 3) There are different types of wheelchairs.
 True false
- 4) Having a disability means you can't help anyone.
 True false
- 5) Service animals are disabled animals.
 True false
- 6) Pouches are important when people use wheelchairs.
 True false

DISCLAIMER. This book provides general information about disabilities, exercise and health-related issues. This information does not constitute medical advice and is not intended to be used as a solitary reference on the subject matter, for the diagnosis or treatment of a health problem, or as a substitute for consulting a licensed health care professional. Consult with a qualified physician or health care practitioner to discuss specific individual issues or health needs, and to professionally address personal, emotional, health, physical, nutritional or medical concerns. You should consult a qualified medical professional before beginning any exercise program.

One fine day, Kit Sprockette was helping Darby at Pouches 'R Us when their good friend Ian came to visit Darby's store.



Ian described all of the things he needed to put in a pouch. Because Ian is a wheelchair user, he needed to be able to carry a lot. Darby and Kit wondered what kind of pouch would be best.



Ian explained that he was particular about his pouch because he has been a wheelchair user his whole life and has used many different types of wheelchairs.

TYPES OF WHEELCHAIRS



A manual or push wheelchair is used when a person can use their hands and arms. Some people use them when they have an injury such as a broken leg.

A sports wheelchair sits low to the ground and moves fast. It is used to play basketball, tennis, racing and other sports.



A motorized wheelchair can be operated with a joystick control instead of pushing the wheels to make it go and stop.



Sometimes a person may use many types of wheelchairs for different situations.

Darby, let's create the perfect pouch together!



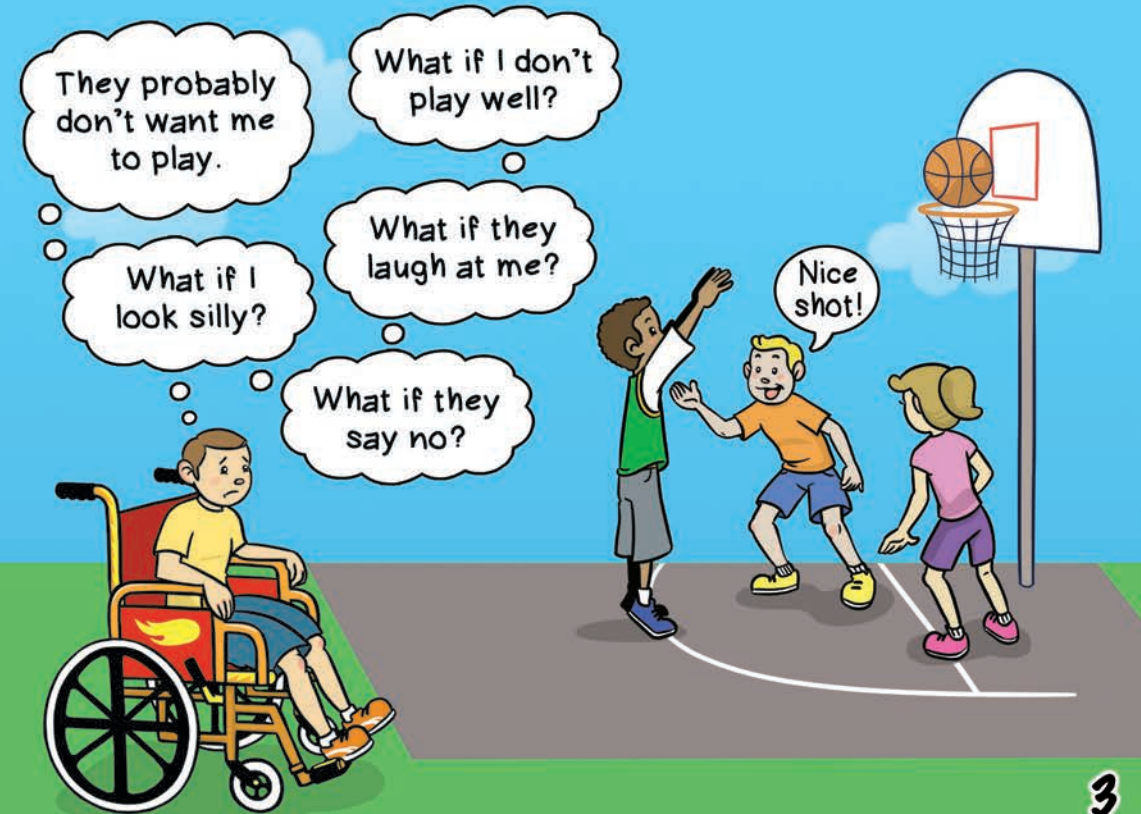
Ian told them the pouch would have to carry a lot of cool things, but most of all it would have to hold a basketball!



Wow! I didn't know you play basketball. I do, too!

I love playing, even though it took a while before I even had the courage to try.

Ian told Kit about when he first started to play basketball when he was young. He had wanted to play with the other kids but was afraid to ask to join in the game.



They probably don't want me to play.

What if I don't play well?

What if I look silly?

What if they laugh at me?

What if they say no?

Nice shot!

All that changed one day when the basketball bounced over to Ian.

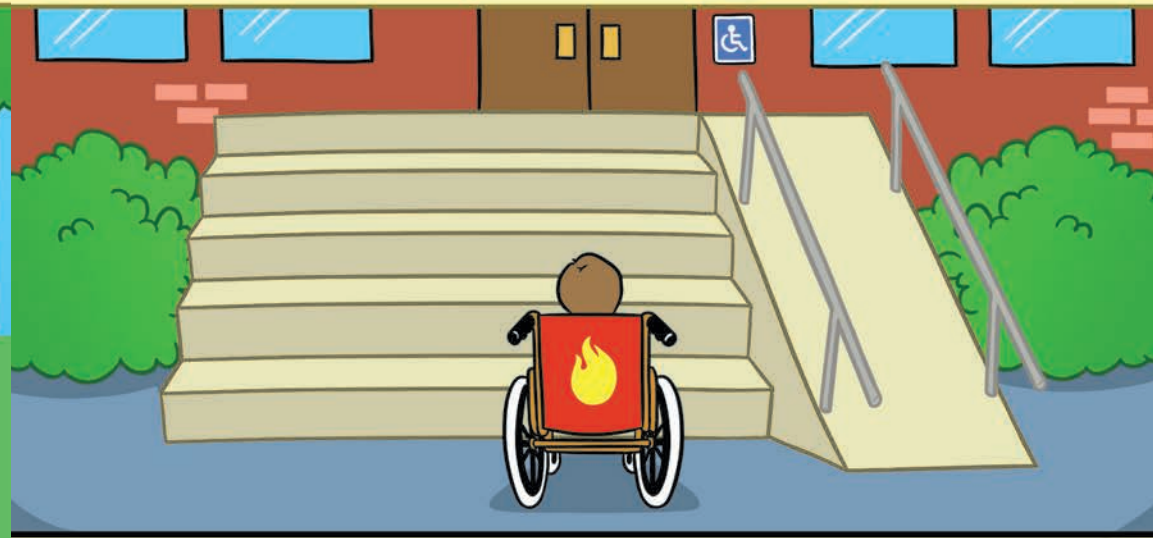


The kids walked over to Ian to get the ball and talk to him. They wanted him to play but had a lot of questions.

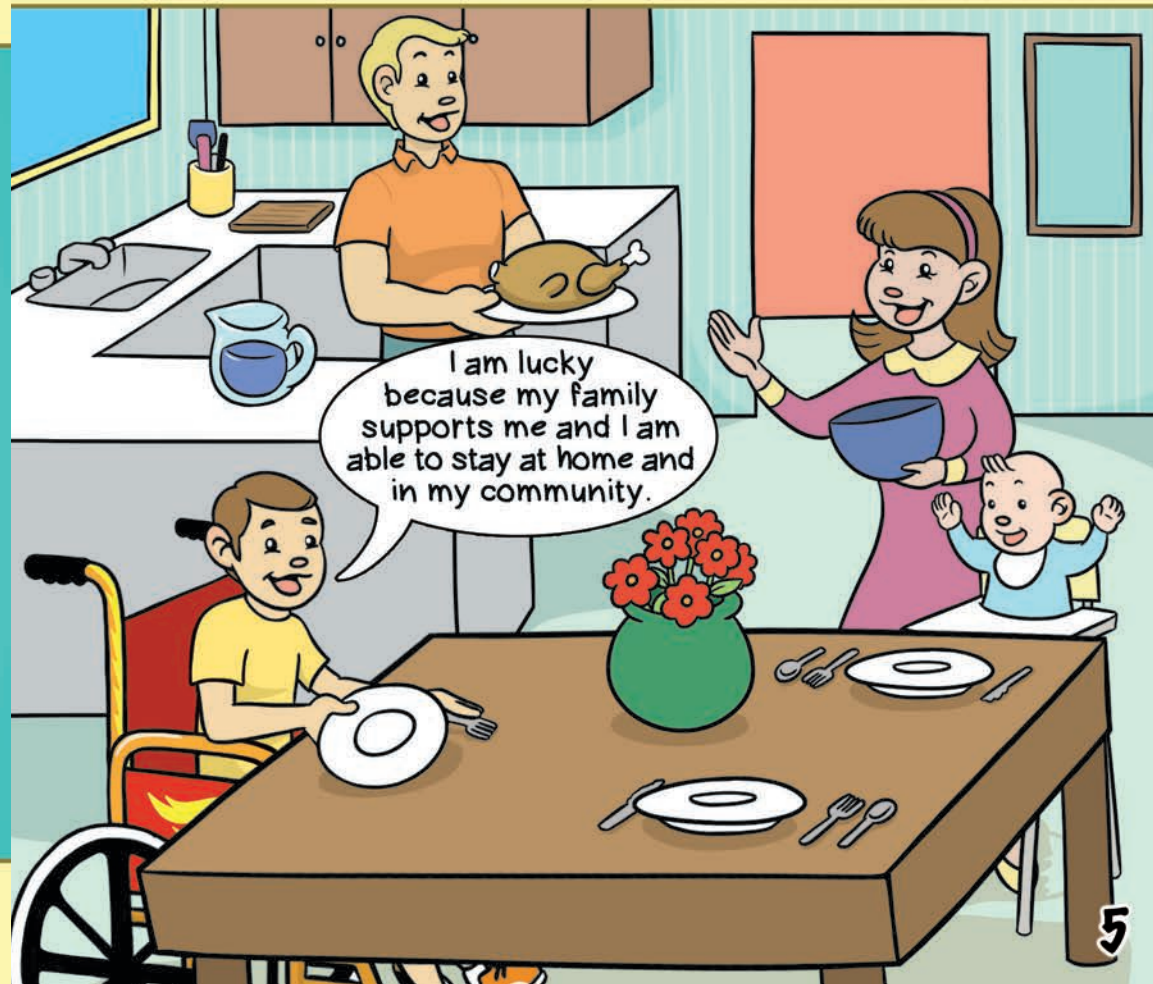


lan told them that he could do a lot of the things they do but that he had cool things he used to help him do many things.

lan explained that there were times when things felt difficult, and he knew he was different from other kids...



...but at home, Ian was treated exactly the same as everyone else in the family. Even down to doing the house chores!



IAN'S HELPFUL TOOLS

WHEELCHAIRS

Wheelchairs are used to help people with certain disabilities move around in everyday life.



Wow!



Wheelchairs make getting around much easier!



PERSONAL CARE ASSISTANT (PCA)

A personal Care Assistant (PCA) helps people with disabilities in their homes when they need help with daily activities.

With the help of a personal care assistant, wheelchair, van and a service dog, I can do all of the things the other kids do!



These tools are so cool!



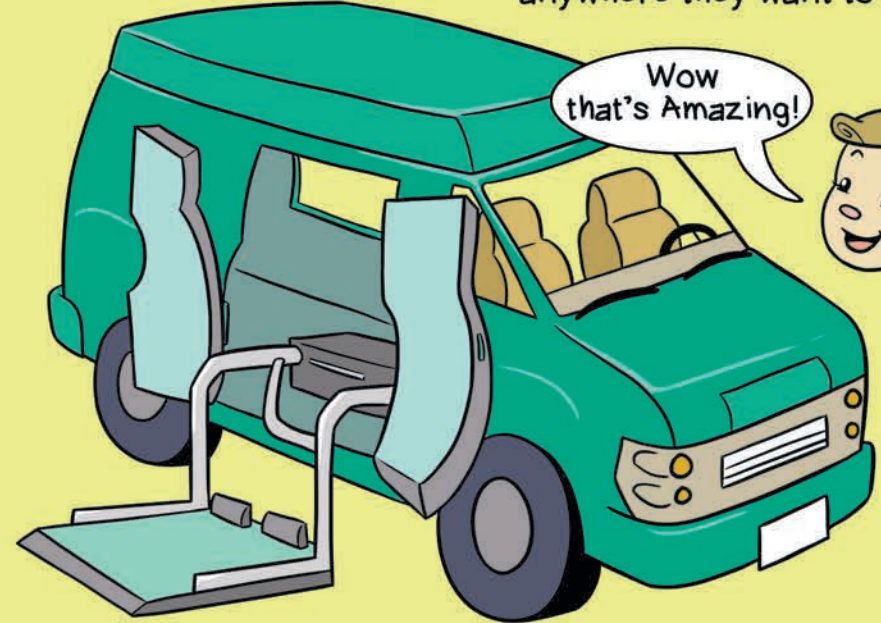
WHEELCHAIR VAN

A wheelchair van is a vehicle with a motorized lift that goes up and down and lets a wheelchair user get in and out and ride anywhere they want to go.

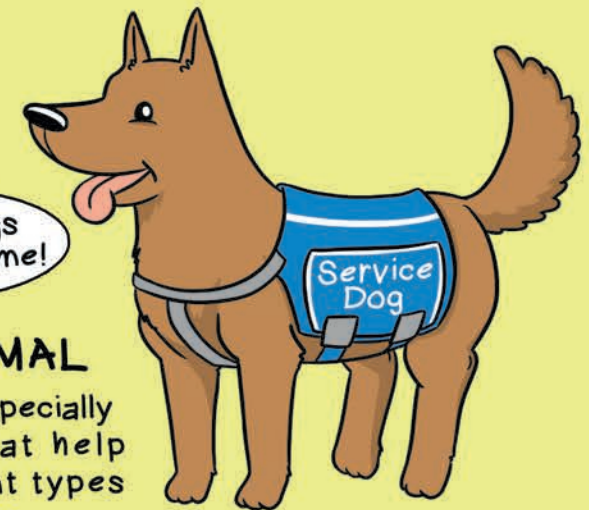
Modifications to my van help me to go to activities, school, work and visit friends.



Wow that's Amazing!



Service dogs are so awesome!

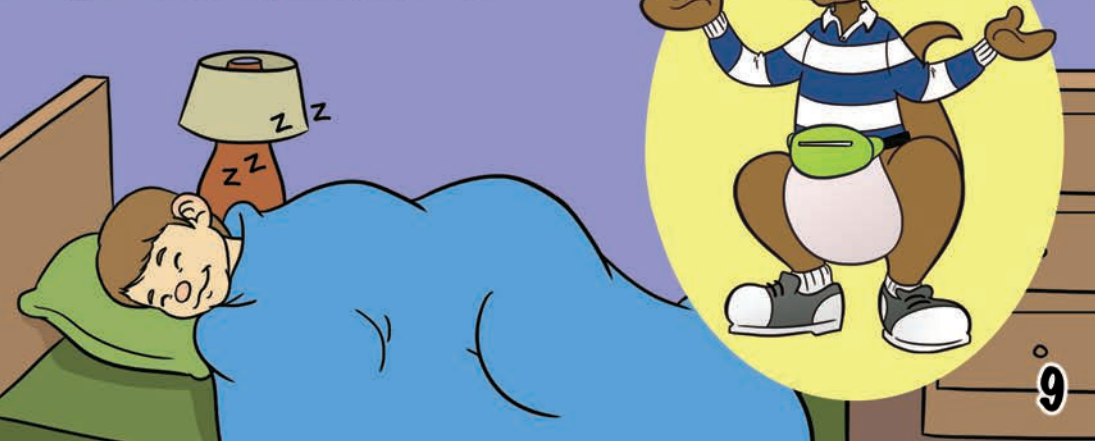
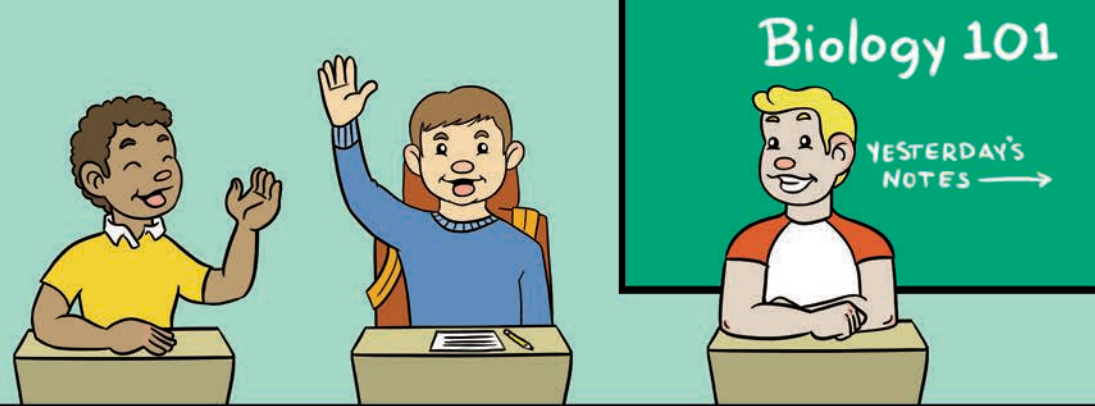


SERVICE ANIMAL

Service animals are specially trained animals that help people with different types of disabilities.

Service dogs can open doors, turn off and on lights and even carry pouches!





His family also taught him the importance of work and giving back to people in need the best way he can.

SOUP-ER Kitchen



Whether typing in an office or volunteering for those in need, working not only feels good for the worker, but also gives something good back to the world.

Working and volunteering helps people be strong and independent. It's important for everyone, with or without a disability, to be productive and build a good work ethic!

That's so cool! And now you're even designing and making your very own Incredible pouches to help others!



Kit was still curious about disabilities. Ian is a wheelchair user because he can't walk, but are there other kinds of disabilities?



Does everyone with a disability have to use a wheelchair? Are there other ways people can be disabled?

"There are many different types of disabilities," Ian said, "from people are born with to ones that don't last too long to ones you can't even see."

Sometimes a person can have an injury that will cause them to be disabled for a short time.

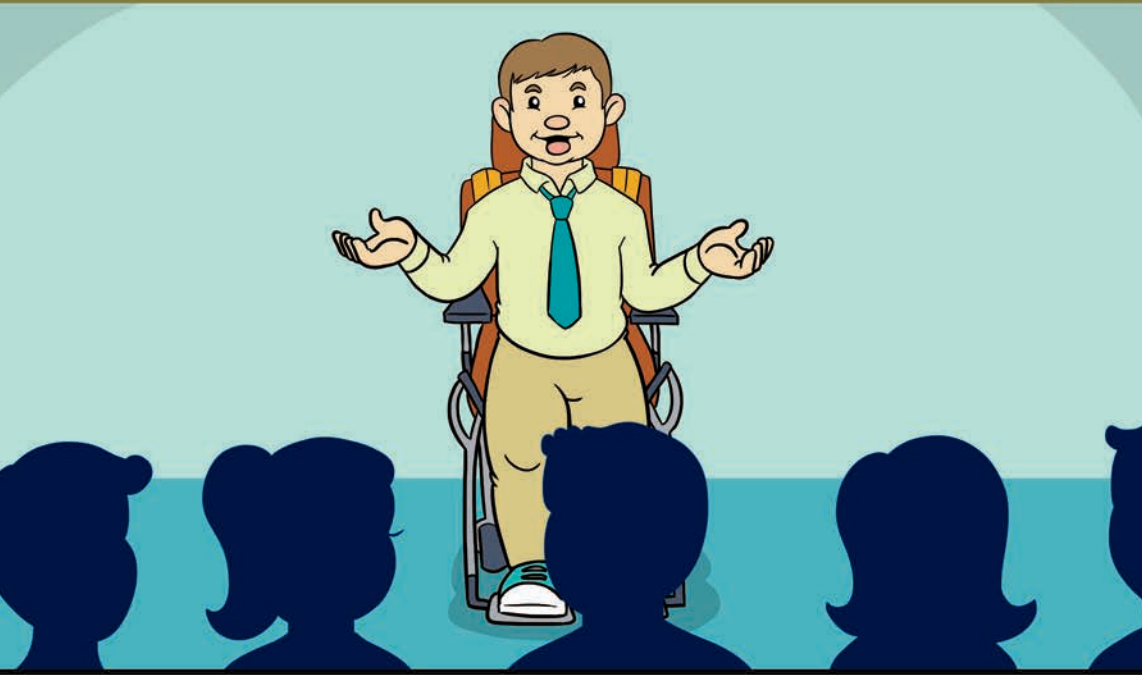
A person can have more than one disability.



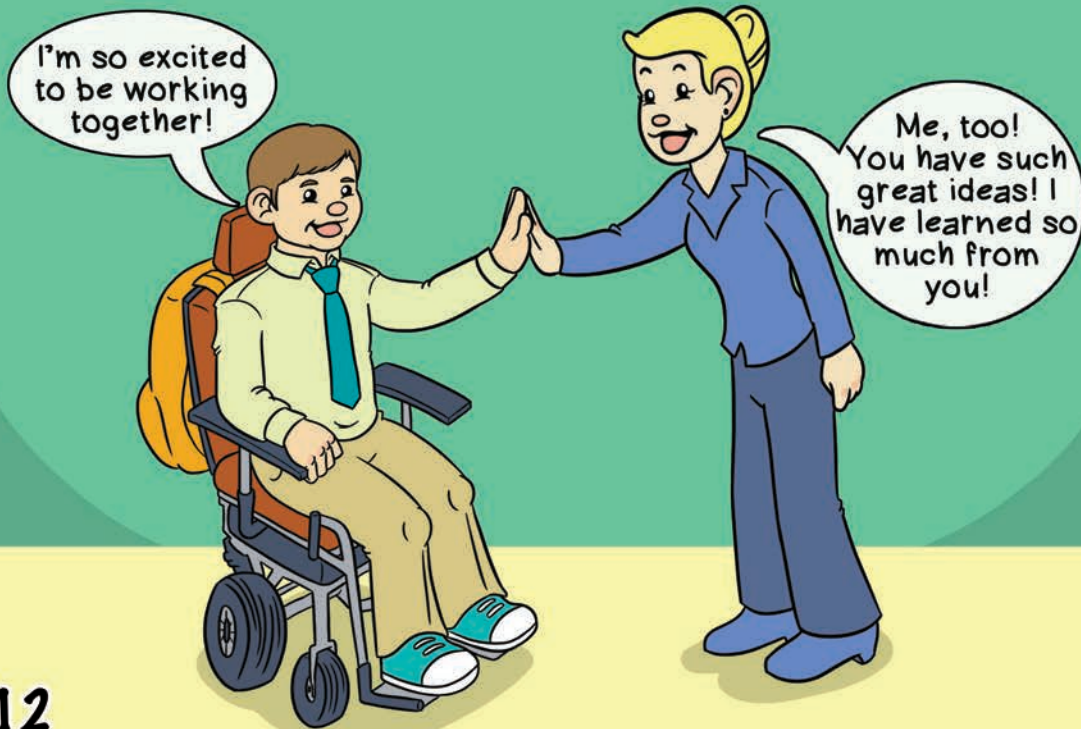
Sometimes people are born with disabilities.

That's a great question, Kit! Disabilities can come in all shapes and sizes. These are only a few. There are other ones.

As an adult, Ian also began to tell others about his experiences, because when more people understand disabilities, it helps everyone live and work better together.



Ian was able to help people with and without disabilities come together.



Darby and Kit had learned so much, thanks to Ian! They all worked together really hard and soon came out with the most incredible pouch ever.



FIND THE WORDS

Find all of the words in the puzzle below.



Volunteer



Basketball



Wheelchair



Service

A K K D H G V O L U N T E E R N F U B
 B A L N D F U D L G U E R D I G P N G
 A K J D F H G R U S L A F I N D O G A
 S E R V I C E L D G U H R S C A O E L
 K D F L J G H U R L S L K V R D I A B
 E L S D G H D F V F D I G H E F L I B
 T W H E E L C H A I R D L I D W I A L
 B S D L K F U B H R K S J D I L R H A
 A L K S D V U A L D L C N D B L K F A
 L L K S N M C U R A P L D M L C D L P
 L L D F U C O D L A U G W X E F D U W
 A D S F K J R U A P Q U E S T I O N Q



Question



Incredible

IAN'S MAZE RACE

Help Ian win the race by making it through the maze.

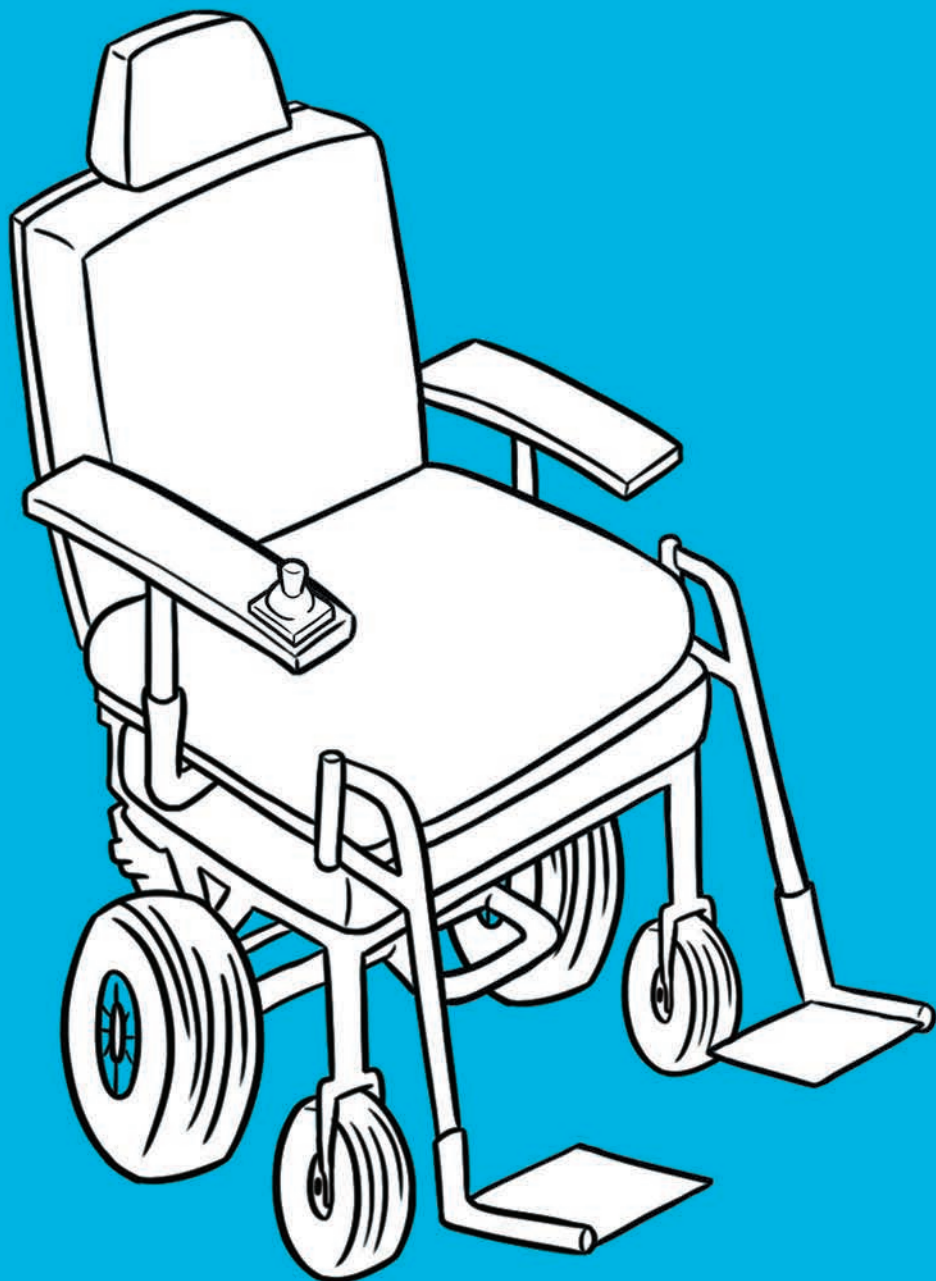


We thank the real Ian for inspiring this book and teaching us about different disabilities and the talents, abilities and dreams of those with disabilities.



DESIGN AND COLOR THE INCREDIBLE CHAIR

Use patterns and colors to decorate the Incredible Chair.



Awesome!
Now let's find out
what you've learned.
Fill out the questions
below, then see how
you did.

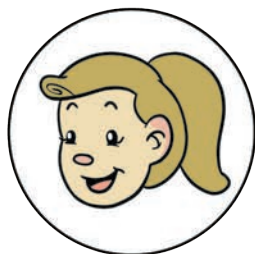
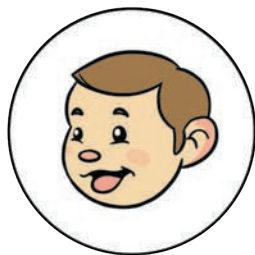


Post-Test

- 1) Having a disability only means you can't walk.
 True false
- 2) A person with disabilities can do things like go to school and play basketball.
 True false
- 3) There are different types of wheelchairs.
 True false
- 4) Having a disability means you can't help anyone.
 True false
- 5) Service animals are disabled animals.
 True false
- 6) Pouches are important when people use wheelchairs.
 True false

Answers: 1. false, 2. true, 3. true, 4. false, 5. false, 6. true

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IAN'S PLEDGE

There are a lot of ways that we're different
From how we look and move and sound.

Sometimes it's easy to judge someone
and really let them down.

But if we understand each other,
we're not as different as it seems.

Then we can learn to work together
like the most amazing team!

So I promise that every Day I'll try
to be kind and be a friend.

And realize that we're all more alike
than different in the end.



I took Ian's pledge!

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